Physics 11 Lab

Energy – Work & Power

**Discussion Questions**

1. Is the work you did walking and running up the stairs the same?
2. Why?
3. Which required more power, walking or running up the stairs?
4. Why?
5. How much work did it take to get up the stairs?
6. What was your gravitational potential energy at the top of the stairs?
7. How do the answers in number 5 and 6 compare?
8. Why?

**Conclusion**

1. Explain in 2-5 sentences what you learned in this lab, using specific examples and references your data.